

Drug Consumer Safety Guidelines

1. Identify the name of the chemical.
2. Determine where it is working in your body (main effects, side effects and adverse reactions).
3. Understand the correct dosage and administration.
4. Realize what drug interactions will occur with what you eat, drink or other drugs you may be using.
5. Know if allergic reactions can occur, the symptoms and when to seek help.
6. Find out if it can produce tolerance and know the signs.
7. Determine if it can produce drug dependence.

Portland, The Dalles, Bend
(503) 233-4202 (541) 298-4202
www.mamas.org

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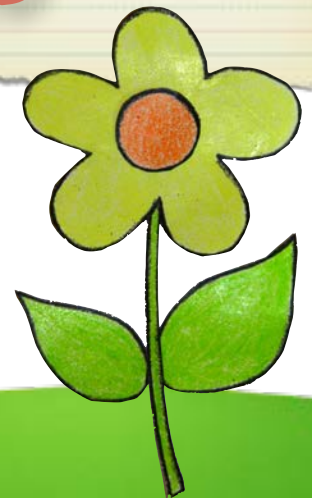
As a parent your behavior will determine, more than any other factor, how your child will approach the use of drugs. Think carefully about the messages you send.



Mothers Against Misuse and Abuse
Addressing the Issues of Substance Use, Misuse and Abuse



THROUGH THE
EYES OF A
CHILD

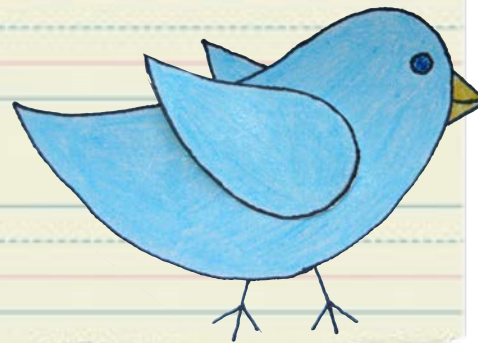


Our world is filled with many readily available drugs.

Children need to see that you approach all drug use as a serious decision that requires careful consideration. Even young children can understand how to be careful with drugs, and a 10 year old can learn to relate dosage to body weight. The care that you show regarding all drug use will go far to prepare your children for the many choices facing them regarding drugs.

Your child eventually will decide if, and how, he or she will use a drug. Whether now or in the future, it is almost certain your child will be making choices about drinking beverages with sugar and caffeine, using an over the counter pain killer, tobacco, alcohol, or drugs that are suggested by a doctor, advertised on television, or sold on the street. It is in your child's best interests to understand the risks of all drug use.

Learn how to use the "Drug Consumer Safety Guidelines" so that you can show your children the skills they need to evaluate all drug use. Know where to get accurate information, and the questions to ask your doctor or pharmacist.



What Does Your Child See?

The first time your baby looks into your eyes, you know that connection is very special.

Herein lays the comfort that she or he will seek when uncertain.

With his eyes, he will look to you for direction, even as he grows older.

Your behavior will determine, probably more than any other factor, how your children approach many issues.

They will look to you for guidance and even across a crowded room, will understand when your eyes meet.

